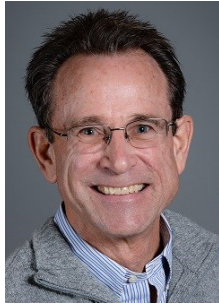


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THE BEST WAY
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IN THE
21ST CENTURY



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JANUARY 9, 2019

With 16 reporting, E.A.O.C. members had 813,885,900 in total sales in 2017.



**Board
Of
Directors**

TO SUCCEED IN
BUSINESS IT'S NOT
WHAT
YOU KNOW BUT
WHO
YOU KNOW THAT
COUNTS MOST!

President
Vice President
Secretary
Treasurer
Director
Director
Director
Director

Carlos Salazar
Nick Kirkland
Clifford Phipps
Pete Sloan
Terry Voll
Randy Wind
Manny Gonzalez
Jonathan Judge

05/20
05/20
11/19
05/20
05/19
05/19
11/19
11/19

SCHEDULE

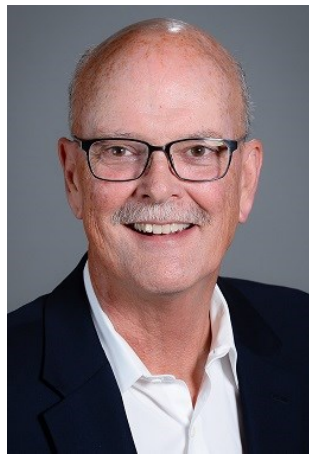
JAN 16 GREETERS

January 16th Huddle

January 23rd Open

January 30th Open

Mel Smith
Mel Smith Electric
Greg Peterson
Sadler Roofing
Tracy Roberts
Law Offices of Tracy Roberts



Thank you to our retiring Board Members Sammy Montoya of La Chiquita Restaurant and Doug Whitney of ABenefitStore.com. We need great volunteers to give of their time to support the EAO.

Dr. Timothy Osborn of Osborn Chiropractic answered health questions this week. He treats all his patients as athletes using Applied Kinesiology with body adjustment, acupuncture, reflexology, massage, supplements, ergonomics, detoxification and exercise routine to work with the patient to achieve their health goals. He has a network of health professionals that has saved lives through the best referrals.

He advised that people should educate themselves and boost their immune system with nutrition and exercise. Decrease carbs, gut health and resistance training are important.

As we all know, stress causes illness and inflammation, which affects your nervous system. The nervous system (which runs through your vertebra) controls the health function of virtually every cell, tissue, organ and system of your body. Nervous system dysfunctions cause the following symptoms, just to name a few:

- Arthritis
- Fibromyalgia
- Headaches
- Fatigue
- Runny Nose
- Stiff Neck
- Tennis Elbow
- Carpal Tunnel Syndrome
- Wrist, Hand and Finger Numbness
- Lower Back Pain
- Knee Pains
- Swollen Ankles

Thought for the Week

“Don’t be distracted by criticism. Remember the only taste of success some people have is when they take a bite out of you.” Zig Ziglar

MEMBERSHIP

The following firm has been proposed for membership in EAO.

SECOND PRINTING

Gilbert Valadez
First Rate Door Systems
 714-726-0899
 Class: Garage Door Sales & Service
 Proposed by Phil Kintz